

## THE SOUTHERN CHARTER SAS YOUTH NATIONALS 2011 HERMANUS YACHT CLUB FROM 11 – 17 DECEMBER 2011



### SAILING INSTRUCTIONS

#### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in **The Racing Rules of Sailing (RRS) 2009-12**.
- 1.2 The following prescriptions of the South African National Authority apply: **The South African Sailing (SAS) Requirements for National Championships**.
- 1.3 **The Equipment Rules of Sailing (ERS) 2009-12 and all Class Rules** will apply.
- 1.4 In the Optimist Class Racing rule RRS 61.1(a)) will be changed to require a red flag to be displayed by the protesting yacht.
- 1.5 This event serves as a selection regatta for the Optimist Class Worlds as well as the Africans regattas, 420 & Hobie 16 Classes, and the ISAF Youth World Championship

#### 2. ADDITIONAL IDENTIFICATION

While racing, boats shall display bow numbers. The Organizing Authority will supply the numbers and instructions for their use.

#### 3. NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the HYC Sailing Office.

#### 4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 For fleet racing any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 on the day before it will take effect.
- 4.2 Team Racing may take place at the discretion of the Sailing Committee on any of the Racing days subject to a Notice to this effect being placed on the Notice Board before 0900 on the day Team Racing will take place.

## 5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on main HYC Bridge Halyards. When a signal is displayed over a class flag it applies to that class only.
- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP.
- 5.3 Flag V with a sound means "The Warning Signal will be made not less than 30 minutes after flag V is lowered. Boats shall not to leave the harbour/shore until this signal is lowered)"

## 6. SCHEDULE OF RACES

### 6.1 Dates of racing:

DATE	DAY	SAILING TIMES	ACTIVITY	SOCIAL TIME	ACTIVITY
9	Fri		Schools Close All Regions		
10	Sat	1200 – 1700	Measurement, inspection & Registration		
11	Sun	0900 – 1700	Measurement, inspection & Registration	1800	Welcome Party at HYC
12	Mon	1000	Racing		
13	Tues	1000	Racing		
14	Wed	1000	Racing	1900	Mid Week Party at HYC
15	Thurs	1000	Racing		
16	Fri	1000	Racing		Launch of LTAD Program
17	Sat	1000	Racing	After racing	Prize giving Party at HYC

- 6.2 Team Racing may take place at the discretion of the Sailing Committee on any of the Racing days subject to a Notice to this effect being placed on the Notice Boards before 0900 on the day Team Racing will take place

### 6.3 Number of races:

Class	Number
All Classes	15

- 6.4 The scheduled time of the Warning Signal for the first race is 0955. Unless indicated by a notice placed on the Regatta Notice Board by 19:00 of the preceding day, the scheduled time of the warning signal for the first Class will be 0955 for subsequent days

- 6.5 When there has been a long postponement and when more than one race will be held on the same day, the Warning Signal for the first race and each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon, Flag "L" will be displayed before a Warning



Signal is displayed. The Warning Signal will be made 1 minute after the lowering of Flag "L" with a long sound signal.

6.6 On the last day of the regatta no Warning Signal will be made after 13:00

## 7. CLASS FLAGS

Class flags will be as follows:

CLASS	FLAG
Optimist	Red Insignia on white background
Dabchick	Yellow Class Flag with black insignia
Mirror	Red Class Flag with black insignia
Laser 4.7	Red Laser insignia on Yellow background
Laser Radial	Red Laser insignia on Green background
420	White Class Flag with red insignia
RS Tera	RS Tera Class Flag
Hobie 16spi	Pink flag displaying the Hobie insignia
Hobie Dragoon	Blue flag displaying the Hobie insignia
Dart 18	Code Flag 'D'

## 8. RACING AREAS

At Hermanus Yacht Club, Stof Vlei Hermanus.

## 9. THE COURSES

9.1 The diagrams in Addendum 1 show the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left

9.2 The Optimist and RS Tera Classes course shall be the Trapezoidal Course. See Course No 3 below.

9.3 The Laser Radial, Laser 4.7, Dabchick Classes course shall sail Course No 2 below. Competitors shall sail around the marks in the following order, leaving all marks to port: S – 1 – 2 – 3 – 1 – 3 – 1 – 2 – 3 – F.  
The Mirror Class to sail S – 1- 2 -3 – 1 – 3 – F

All marks shall be left to Port.

9.4 The Multihull/420 course shall sail Course No 1 below with an offset mark at the windward mark for the Multihulls who shall sail a Windward/Leeward course. Competitors shall sail around the marks as indicated by flying a Numerical Pennant one minute before the warning signal. All marks shall be left to Port.

The Multihulls shall sail round the marks Start -1- 1a – 3 – 1 – 1a – 3 – 1 – 1a – 3- Finish

The 420 Class shall sail round the marks Start – 1 – 2 – 3 – 1 – 3 – 1 – 2 – 3 - Finish



9.5 The Race Committee will endeavor to lay courses that should take leading competitors approximately 40 to 45 minutes to complete. No protest will be considered if this is not achieved.

## **10. MARKS**

10.1 Marks 1, 2, 3 and 4 will be smaller yellow cylindrical buoys for the Optimist and RS Tera course, yellow cylindrical buoys with blue top & bottom on the Dabchick, Laser Radial & 4.7 and Mirror Course, and larger yellow cylindrical marks bearing a SAS logo on the Multihull and 420 course

10.2 The starting and finishing marks will be orange marks for the Optimist/RS Tera and other Dinghy courses and a Flag-bearing buoy for the Multihull/420 course

10.3 A Race Committee boat signaling a change of a leg of the course is a mark of the course as provided for in Para. 12.3

## **11. THE START**

- 11.1 Races will be started by using RRS 26 with the Warning Signal given 5 minutes before the starting signal
- 11.2 The starting line will be between a mast displaying the orange flag on the Committee Boat at the starboard end and an orange mark for the Optimist/RS Tera and other Dinghy courses and a Flag-bearing buoy for the Multihull/420 course at the port end of the line.
- 11.3 Boats whose Warning Signal has not been made shall avoid the starting area.
- 11.4 A boat starting later than four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 11.5 If a boat breaks RRS 30.3, the Race Committee at Mark 1 will point flag X at her, make a sound signal and hail her sail number. The hailed boat shall immediately leave the course area. If she fails to do so she will be disqualified without a hearing and her score will not be excluded. This changes RRS A5

## **12. CHANGE OF THE NEXT LEG OF THE COURSE**

- 12.1 To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the Race Committee boat signaling the change of the next leg and the nearby mark, leaving the mark to (port) and the Race Committee boat to starboard. This changes RRS 28.1
- 12.3 The direction of the changed leg shall be indicated according to by RRS 33(a) (2)

## **13. THE FINISH**

- 13.1 The finishing line will be between a mast displaying a blue flag on the Committee Boat at the starboard end and an orange mark for the Optimist/RS Tera course and other Dinghy courses and a Flag-bearing buoy for the Multihull/420 course at the port end of the line.
- 13.2 Competitors shall not sail through the Finishing Line at a time when the Committee Boat is flying the Blue Flag unless finishing

#### **14. SHORTENING COURSE**

Should the Race Committee shorten course, the finishing line will be:

- 14.1 At a rounding mark, between the mark and a staff displaying Code Flag "S" or
- 14.2 At a line boats are required to cross at the end of each lap or
- 14.3 At a gate between gate marks.

#### **15. PENALTY SYSTEM**

- 15.1 For the Multihull classes ONLY Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 15.2 A boat that has taken a penalty or retired under RRS 31.2 or 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.

#### **16. TIME LIMITS**

Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

#### **17. NATIONAL CHAMPIONSHIP REQUIREMENTS**

In order to qualify as a National Class Championship the following criteria shall be satisfied:

- A minimum of ten valid entries have been received no later than the closing time for entries one hour before the scheduled starting time of the first race.
- At least ten finishes in any two races of the series.
- At least four races completed.

#### **18. PROTESTS AND REQUESTS FOR REDRESS**

- 18.1 Protest forms are available at the Race Office. Protest shall be delivered there within the protest time limit.
- 18.2 For each class the protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the Race Committee and Protest Committee about incidents they observe in the racing area and to requests for redress. This changes RRS 61.3 and 62.2
- 18.3 Notices will be posted as soon as possible after the end of the protest time limit to inform competitors of hearings and times thereof in which they are parties or named as witnesses. Hearings will be held in the Juniorry room, located at the HY unless advised otherwise.
- 18.4 Notices of protest by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 18.5 On the last day of the regatta a request for reopening a hearing shall be delivered.
  - a) within the protest time limit if the requesting party was informed of the decision on the previous day;



- b) no later than 30 minutes after the requesting party was informed of the decision that day. This changes RRS 66.

- 18.6 On the last day of the regatta a request for redress from a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

## **19. SCORING**

- 19.1 The Low Point scoring system of Appendix A will apply. In Open classes, a handicap system approved by ISAF and the relevant classes will be used to calculate the scores.

- 19.2 Four races are required to be completed to constitute a series.

- (a) When fewer than 5 races have been completed, a boats series score will be the total of her race scores.
- (b) When from 5 to 9 races have been completed, a boats series score will be the total of her race scores excluding her worst score.
- (c) When 10 or more races have been completed, a boats series score will be the total of her race scores excluding her two worst scores.

## **20. SAFETY REGULATIONS**

- 20.1 A boat that retires from a race shall notify the Race Committee as soon as possible.

- 20.2 Yachts shall comply with their class buoyancy and safety requirements.

- 20.3 All competitors shall wear a personal buoyancy aid capable of supporting a 5 kg steel weight at all times while afloat in a yacht.

- 20.4 Wet or Dry suits do not constitute adequate buoyancy!

## **21. REPLACEMENT OF CREW OR EQUIPMENT**

- 21.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee. Requests for substitution shall be made in writing to the Sailing Committee at the first available opportunity.

- 21.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made in writing to the Committee at the first reasonable opportunity

## **22. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. On the water, a boat may be instructed by a Race Committee Measurer to proceed immediately, after the completion of a race, to a designated area for inspection.

## **23. SUPPORT BOATS**

- 23.1 Team leaders, coaches and other support personnel shall stay 150 meters outside areas where boats are racing from the time of the Warning Signal for the first class to start until all boats have finished or the

Race Committee signals a postponement, general recall or abandonment. Non-compliance with this rule may lead to action under RRS 69.

23.2 Support boats shall display a **self supplied white flag** no less than 60 X 40 cm in size.

## 24. TRASH DISPOSAL

Boats shall not discard trash in the water. Trash may be placed aboard support and Race Committee boats.

## 25. RADIO COMMUNICATION

Except in an emergency a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## 26. PRIZES

Prizes will be awarded as detailed in the Notice of Race.

## 27. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk; see RRS 4, Decision to Race. The Organizing Authority, nor any of its personnel, will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## 28. INSURANCE

Each participating boat is encouraged to carry sufficient valid third-party liability insurance to cover any liability arising during the event.

## 29. SPONSORS

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## ADDENDUM # 1

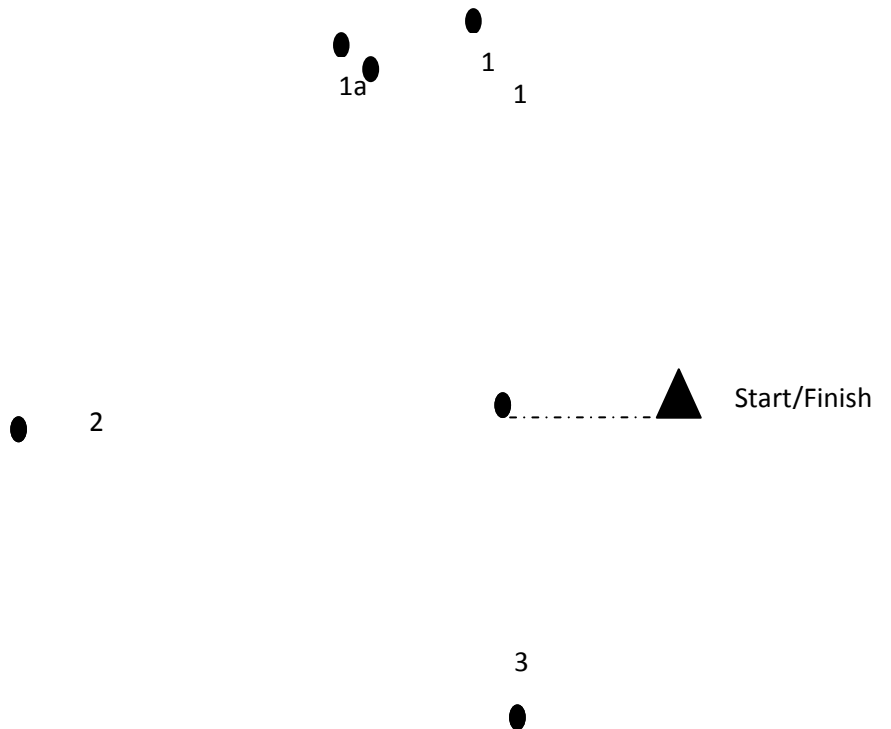
### COURSE NO 1

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The **Multihulls** shall sail round the marks  
Start -1- 1a - 3 - 1 - 1a - 3 - 1 - 1a - 3- Finish

The **420 Class** shall sail round the marks  
Start - 1 - 2 - 3 - 1 - 3 - 1 - 2 - 3 - Finish

For both Classes all marks shall be left to port

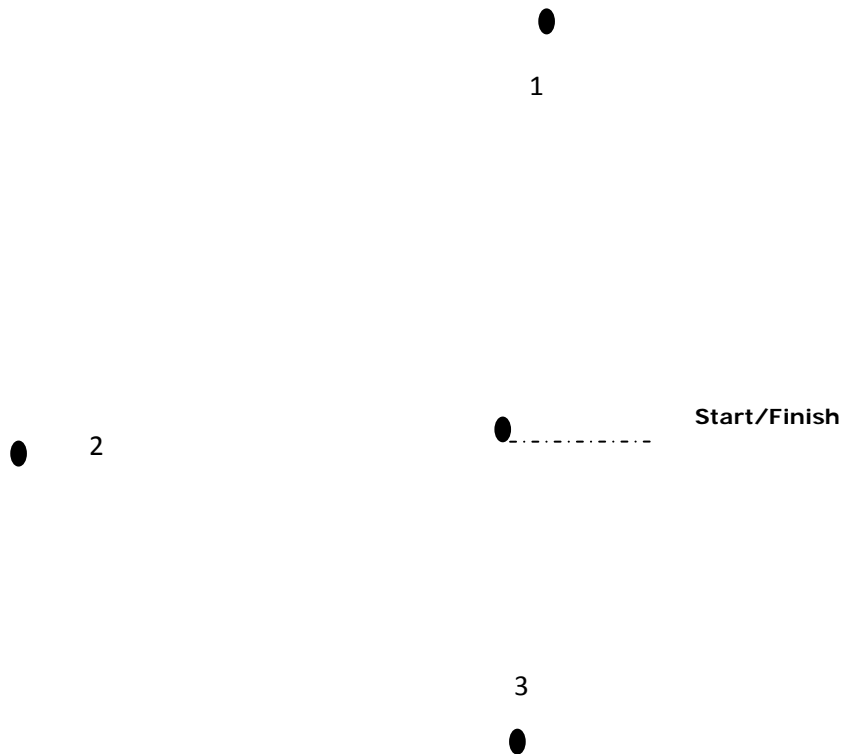


## COURSE NO 2

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**Laser Radial, Laser 4.7, Dabchick and Mirror Classes** course shall sail round the marks

S – 1 – 2 – 3 – 1 – 3 – 1 – 2 – 3 – F. All marks shall be left to Port



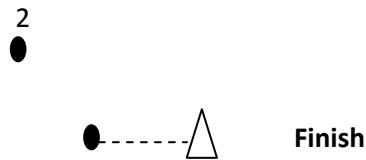
## COURSE NO 3

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The **Optimist and RS Tera** Classes shall sail round the marks

**Start – 1 – 2 – Gate (3S – 3P) – Finish**

Marks 1, 2 and 3P shall be left to port; mark 3S to starboard.



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Sailing Areas Chart – Please note Course positions are approximate and Chart is for information only

